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| **Unit** | **Title** | **Level** | **Credits** |
| 20673 | Apply knowledge of injury prevention and management of sport or physical reaction | 3 | 4 |
| 26223 | Apply knowledge of injury prevention and management of sport or physical reaction | 3 | 6 |

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| **Unit** | **Title** | **Level** | **Credits** |
| 26223 | Apply knowledge of injury prevention and management of sport or physical reaction | 3 | 6 |
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| Title | **Apply sport rules and regulations while officiating in a competitive sports event** |
| Level | **3** | **Credits** | **6** |

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| Purpose | This unit standard is designed primarily for people seeking to further develop their skills as a sports official.  People credited with this unit standard are, while officiating in a competitive sports event, able to: identify information on which to base decisions; interpret and apply sport rules and regulations when making decisions; and communicate decisions and manage outcomes of decision-making. |
| Classification | Recreation and Sport > Sport Officiating |
| Available grade | Achieved |

**Explanatory notes**

1 This unit standard relates to the learning area *Rules and Laws of the Game* from *Calling the Game: Developing Quality Officiating*. This is the national framework for developing sports officials and is available at <http://www.sparc.org.nz/en-nz/communities-and-clubs/Toolkit-for-Officials/Learning-Areas/>.

2 Useful resources for this unit standard are the current versions of the Drug Free Sport NZ *Athlete Handbook* and the *Athlete Rights and Responsibilities* document available from <http://www.drugfreesport.org.nz> and follow link under Resources.

3 Legislation relevant to this standard includes but is not limited to – the Health and Safety in Employment Act 1992.

4 Evidence requirements for assessment as an official are detailed in Assessment Guidelines for each sport code and can be obtained from Skills Active Aotearoa Limited [info@skillsactive.org.nz](mailto:info@skillsactive.org.nz) on request.

5 Definitions

An *event*, in the context of this unit standard, may refer to a match, competition, race, game, tournament, or other competitive sporting fixture.

*Participant* primarily refers to the competitor but may also include spectators, coaches or other sport team members.

*Sport rules and regulations* relate to the rules and regulations of the sporting code used for assessment and also the rules and regulations of the specific sporting event used for assessment.

**Outcomes and evidence requirements**

**Outcome 1**

Identify information on which to base decisions while officiating in a competitive sports event.

**Evidence requirements**

1.1 Relevant information is identified by observation of the competitive sports event in accordance with sport rules and regulations.

Range information may include but is not limited to – infringements, scoring, participant positioning.

**Outcome 2**

Interpret and apply sport rules and regulations when making decisions while officiating in a competitive sports event.

**Evidence requirements**

2.1 The appropriate rule or regulation is selected for the given situation in accordance with the sport rules and regulations.

2.2 The rule or regulation is interpreted for the given situation in accordance with the sport rules and regulations.

2.3 The rule or regulation is applied for the given situation in accordance with the sport rules and regulations.

2.4 Decisions are made based on principles of equity and fair play and in accordance with relevant information identified in evidence requirement 1.1 and the sport rules and regulations.

Range principles of equity and fair play include but are not limited to – consistent interpretation and application of rules and regulations; elimination of biases towards one team, one participant, particular rules, particular regulations, and/or particular techniques; one team or participant not gaining an unfair advantage over another; appropriateness for level of event; safety.

**Outcome 3**

Communicate decisions and manage outcomes of decision-making while officiating in a competitive sports event.

**Evidence requirements**

3.1 Decisions are communicated in accordance with the rules and regulations of the sport, the specific event regulations, and the level of event.

3.2 Reactions of participants to decisions are managed in accordance with the rules and regulations of the sport, and the specific event regulations.

Range reactions include but are not limited to – queries about decisions, appeals against decisions, abuse towards official and/or opponent, abuse of equipment.

3.3 Empathy and understanding of the competitive environment appropriate to the nature of the event are demonstrated in terms of managing participant reactions.

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| Replacement information | This unit standard replaced unit standard 4879 and unit standard 20674. | |
| Planned review date | 31 December 2012 |

**Status information and last date for assessment for superseded versions**

| Process | | Version | Date | Last Date for Assessment | | |
| --- | --- | --- | --- | --- | --- | --- |
| Registration | | 1 | 18 June 2010 | 31 December 2012 | | |
| Rollover and Revision | | 2 | 20 May 2011 | N/A | | |
| Consent and Moderation Requirements (CMR) reference | | | | 0099 |

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

**Please note**

Providers must be granted consent to assess against standards (accredited) by NZQA, or an inter-institutional body with delegated authority for quality assurance, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be granted consent to assess against standards by NZQA before they can register credits from assessment against unit standards.

Providers and Industry Training Organisations, which have been granted consent and which are assessing against unit standards must engage with the moderation system that applies to those standards.

Requirements for consent to assess and an outline of the moderation system that applies to this standard are outlined in the Consent and Moderation Requirements (CMRs). The CMR also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

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| **Unit** | **Title** | **Level** | **Credits** |
| 20673 | Apply knowledge of injury prevention and management of sport or physical reaction | 3 | 4 |

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| --- | --- | --- | --- |
| Title | **Demonstrate knowledge of injury prevention and risk and injury management in sport or recreation** | | |
| Level | **3** | **Credits** | **4** |

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| Purpose | People credited with this unit standard are able to describe: factors involved in the cause of injuries that may occur while participating in sport or physical recreation and methods for their prevention and/or minimisation of risk; methods for managing hazards and risks related to a selected sport or physical recreation; and injury management for a selected sport or physical recreation. |
| Classification | Recreation and Sport > Recreation and Sport - Coaching and Instruction |
| Available grade | Achieved |

**Explanatory notes**

1 The principles of injury prevention and management applied in this unit standard are taken from and follow the ACC SportSmart 10-point action plan for sports injury prevention and management. ACC SportSmart resources may be found online at <http://www.acc.co.nz/sportsmart> or at Regional Sports Trusts and public libraries.

2 In the context of this unit standard, *injury prevention* refers to methods used to reduce the risk of injury in terms of likelihood and severity.

3 For sport coaches, this unit standard relates to *sports medicine* in *Self Development Module 3: Sport Science,* and injury prevention (Screening Forms), safe sporting environment including risk assessment and management process, current practice in dealing with soft tissue injuries, an emergency plan, and injuries and medical conditions in *Programme Management Module 4: Coach Smart*; both in the Sport and Recreation New Zealand (SPARC) *Coach Development Framework* summary document ‘Coach Development Framework – Developing Coach Learning Outcomes’ available at <http://www.sparc.org.nz/en-nz/Search/?q=developing+coaching+learning+outcomes>.

A PDF copy of the SPARC *Coach Development Framework* booklet is available at <http://www.sparc.org.nz/en-nz/communities-and-clubs/Coaching/Coach-Development--Education/Coach-Development-Framework1/>.

In addition, SPARC has developed learning support materials that may be useful to national sport organisations and others in designing coach development programmes related to the Coach Development Framework learning outcomes. These materials are not intended to be used directly for assessment purposes against unit standards. Links to these learning support materials are listed in relation to Coach Development Framework learning areas in a table beneath the heading ‘Coach Development Modules – Learning Resources and Materials’ at <http://www.sparc.org.nz/en-nz/communities-and-clubs/Coaching/Coach-Development--Education/Framework-programme-materials/Coach-Development-Modules---Learning-Resources-and-Materials/>.

4 Definition

*Avoidance of HARM-ful factors* refers to avoidance of heat, alcohol, running, and massage in the 72 hour period after an injury.

**Outcomes and evidence requirements**

**Outcome 1**

Describe factors involved in the cause of injuries that may occur while participating in sport or physical recreation and methods for their prevention and/or minimisation of risk.

**Evidence requirements**

1.1 Possible causes of injury that may occur while participating in sport or physical recreation are described.

Range possible causes of injury may include but are not limited to –

force application – internal, external, sudden onset (acute); overuse (chronic); climatic factors; factors in the participation environment.

1.2 Types of injuries that may occur while participating in sport or physical recreation are described.

Range injuries may include but are not limited to – soft tissue, hard tissue, head, spinal.

1.3 Methods for preventing and/or minimising the risk of injury are described in relation to sport or physical recreation.

Range methods of preventing and/or minimising the risk of injury may include but are not limited to – screening; warm up, cool down and stretch; personal preparation and conditioning; correct skill execution and technique; adherence to rules; safe equipment; protective equipment and clothing; hydration and nutrition; managing the environment.

**Outcome 2**

Describe methods for managing hazards and risks related to a selected sport or physical recreation.

**Evidence requirements**

2.1 Gathering and maintenance of information relevant to maintaining participants’ safety for the selected sport or physical recreation is described.

Range contact information;

may include but is not limited to – screening forms, permissions from parents or guardians, health conditions, medications, special needs.

2.2 Potential hazards and risks in relation to the selected sport or physical recreation are described.

Range hazards and risks include those relating to – equipment; people (self and others); environment (including physical environment and climate).

2.3 Causal factors leading to the identified hazards and risks are described in relation to the selected sport or physical recreation.

2.4 Methods of managing the identified hazards and risks are described in relation to the selected sport or physical recreation.

Range management includes – elimination, isolation, or minimisation; hazard control.

2.5 The maintenance of an emergency plan and its communication to participants in relation to the selected sport or physical recreation is described.

Range includes but is not limited to – telecommunication, emergency service information, site information, emergency access.

**Outcome 3**

Describe injury management for a selected sport or physical recreation.

**Evidence requirements**

3.1 Methods of managing injury are described in relation to sport or physical recreation.

Range primary assessment; initial management; avoidance of HARM-fulfactors;

ongoing management – medical assessment, progressive stages of rehabilitation, requirements for return to sport.

3.2 Types of injuries common to the selected sport or physical recreation are described.

3.3 Management steps for identified injuries common to the selected sport or physical recreation are described.

Range two of the common injuries identified.

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| Planned review date | 31 December 2012 |

**Status information and last date for assessment for superseded versions**

| Process | | Version | Date | Last Date for Assessment | | |
| --- | --- | --- | --- | --- | --- | --- |
| Registration | | 1 | 22 September 2004 | 31 December 2012 | | |
| Rollover and Revision | | 2 | 16 April 2010 | 31 December 2012 | | |
| Rollover and Revision | | 3 | 20 May 2011 | N/A | | |
| Consent and Moderation Requirements (CMR) reference | | | | 0099 |

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

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**Comments on this unit standard**

Please contact Skills Active Aotearoa Limited [info@skillsactive.org.nz](mailto:info@skillsactive.org.nz) if you wish to suggest changes to the content of this unit standard.